



# girl talk

peer-to-peer mentoring  
for middle school girls



## did you know?

Statistics show that weekly mentoring through Girl Talk is helping girls not only emotionally, but academically—their grades are improving.

A case study revealed that in one school year because of Girl Talk, the academic performance of the female students increased by 14% in math and 24% in language arts!



## what is girl talk?

The Century Council is proud to announce our new partnership with *Girl Talk*, a peer-to-peer mentoring program that offers positive weekly meetings, community service projects, and friendship building activities. The Century Council and Girl Talk will work together to promote leadership and good decision making among our nation's girls.

*Girl Talk* is led by high school girls who serve as mentors to middle school girls. Through mentoring they develop key leadership skills they will use throughout life. *Girl Talk's* mission is to help young teenage girls build self-esteem, develop leadership skills, and recognize the importance of community service. *Girl Talk* and its curriculum are, and always will be, free to any school who truly wants to make a difference in the lives of their middle school girls. It only takes one adult and one high school girl to Start a Chapter and all materials are available online.

## start a chapter in your school during alcohol awareness month - it's simple and it's free

- Visit the website and download the *Girl Talk* Handbook.
- Review the roles and responsibilities listed and decide if you can commit.
- Click "Start a Chapter" and apply to become the newest *Girl Talk* Chapter.

## girl talk facts

- *Girl Talk* currently reaches 27 states throughout the country.
- Last school year, Girl Talk Girls & Leaders completed more than 312,000 hours of community service.

## from the founder

"I am proud to now have a data-driven and proven partner to work with as we educate both our Chapter Leaders and our Girl Talk Girls about the dangers of underage drinking. The Century Council is a natural fit in that their Lesson, "Choices and Consequences of Underage Drinking," includes all the factors a girl must utilize to say "no" to alcohol. I hope you will choose to join me on this incredible journey, because together we can make a difference in the lives of young teenage girls across America."

— Haley Kilpatrick