



Kids and alcohol don't mix.

How can it help me if I ask questions about alcohol?

Who can talk to about not drinking alcohol?

What does drinking alcohol do to my body?

Why should I talk to anyone about drinking alcohol? What's the big deal?

But, what if my friends are doing it?

I don't want to drink. But how do I say no without being uncool?



We know you may have questions about alcohol. Lots of kids do. Ask your parents. Ask your teachers. Ask your coach. Just ask. They want to help. **Ask. Listen. Learn.** That's **A.L.L.** you have to do.

For more information, check out [asklistenlearn.com](http://asklistenlearn.com) and find out why kids and alcohol don't mix.



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